

# PCS Activities Categories

## Planning CPD (Professional Development Plan) – Now Mandatory

- Backed by research and designed to promote ongoing professional development.
- Ensures alignment with PCS requirements
- Encourages reflective and structured learning
- Helps you plan the time and financial resources needed to undertake relevant learning activities.
- It is not a tool for use by employers, Training Bodies, or the Medical Council to assess performance.

### How to gather 5 CPD credits for Planning activity

- Submitting your plan to your e-Portfolio attracts 3 CPD Credits. (It is highly recommended to complete the planning section by 30th June 2025 to claim 3 credits, and to complete the remaining sections before the end of the PCS year on 30th April 2026).
- Recording your peer review in your e-Portfolio attracts 1 CPD Credit. You have the option to invite a colleague to complete this in the Planning PDP form in your e-portfolio.
- Recording some notes about reviewing and reflecting on your plan at year-end attracts **1 CPD Credit**.

## Practice Review Activity (Audit, quality improvement and/or practice evaluation):

- Clinical audits (e.g. documentation of regional blocks)
- Review of critical incidents /significant events
- Review of patient compliments and complaints.
- Structured feedback from colleagues, patients, or students; patient satisfaction survey.
- 360° feedback analysis

- Structured reflections

### **Work-based Learning (Reflective learning from clinical and non-clinical work):**

- Multi-disciplinary clinical activities (MDTs, MDMs)
- Grand Rounds/Schwartz Rounds
- Joint review and discussion of cases
- Structured review of records and processes of care
- Practice management
- Research and scholarly activity
- Education, teaching, training, mentoring and supervision
- Assessment of trainees and peers
- Organised learning activities (including journal clubs)
- Participation on College, national or international bodies in the development of standards for clinical or non-clinical care
- Management, policy, and advocacy
- Internal teaching sessions
- Communication training (including Open Disclosure).
- Review of patients' unmet needs (PUN) and registered medical practitioners' educational needs (DEN)
- Review of patient data
- Critique of a video review of consultation
- Reflection on health and wellbeing
- Health, wellbeing, and staff support meetings
- Practice management systems enhancements

### **Accredited Continuing Education Activities:**

- Presentations to scientific meetings
- Conferences/seminars – national and international
- Webinars – national and international
- Simulation-based learning

- Relevant academic qualification (e.g., degree, diploma, or course)