PCS Activity Categories

External

- Attending Consultant Session Outside Base Hospital
- CAI Meetings
- International Meetings
- National Meetings
- Training Courses
- Live video conference teaching with participant interaction

Internal

- Mortality & Morbidity Meetings
- Journal Clubs
- Grand Rounds
- Appraisal Training
- Hospital Lectures
- Attending Consultant Session in Base Hospital
- Management & Professionalism meetings
- Hospital committee meetings
- Departmental Audit Meetings
- Critical Incident Meetings
- Simulator training (ACLS/etc.)
- College or University Examinations

Personal

- Recorded Internet Lectures
- Skills Analysis
- Independent Study
- Verified Distance Learning
- Verified Computer Assisted Learning
- Verified Educational Video
- Verified MCQ's in Medical Journey
- Reading articles (BJA supplied by COA)

- Directly Observed Procedures (DOPS)
- Publication in Recognised Medical Journal - 5 credits per publication
- Publication of Chapter or Book 5 credits per publication
- Faculty on CAI course
- Preparation of a local, national or international Lecture – 5 credits per lecture
- Conducting Tutorial
- Faculty on other course
- Undertake CAI Trainee Assessment
- CAI College Tutor duties
- Trainer in ATLS/ACLS/APLS etc.
- Each subsequent lecture presentation in a different year

Audit

- Personal Clinical Audit
- Measurement of individual compliance with guidelines protocols
- Department/Practice Audit
- Individual Practice Review
- Evaluation of individual risk incidents/complaints

Research or Teaching

- Research Meetings
- Presentation of Research Findings