GLOBAL
Enhanced Recovery Symposium

A patient-centric, value-based care paradigm

Feb. 20-22, 2020

The University of Texas MD Anderson Cancer Center
Duncan Building (CPB) Floor 8, Elevator Q, Rooms 1-8
1155 Pressler Street
Houston, Texas 77030

THE UNIVERSITY OF TEXAS
MD Anderson
~~Cancer~~ Center

Making Cancer History®

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The MD Anderson Enhanced Recovery Program has greatly improved the care we provide to our patients. While our enhanced recovery teams are involved in both quality and research initiatives, our focus remains on getting patients back to home, family, therapy, work, life, and eventually, back to self.

Peter WT Pisters, M.D.
President

GLOBAL
Enhanced Recovery Symposium

Agenda

Thursday, Feb. 20

7 a.m.	**Breakfast**
7:50 a.m.	**Welcome** Peter W.T. Pisters, M.D. President The University of Texas MD Anderson Cancer Center
8 a.m.	**Essentials of Change Management** Moderator: Leslie Carruth Associate Vice Chancellor for Health Affairs The University of Texas System

Burning Platform to Burning Ambition to Burning Desire to True North
Thomas A. Aloia, M.D., M.H.C.M.
Head, Institute for Cancer Care Innovation
Chief Value & Quality Officer, The University of Texas MD Anderson Cancer Center

Outlining Tools for Instituting Pervasive and Sustainable Change Management
Margaret M. Luciano, Ph.D.
Assistant Professor, W. P. Carey School of Business
Arizona State University

Developing the Team
Larissa A. Meyer, M.D.
Associate Professor, Department of Gynecologic Oncology and Reproductive Medicine
The University of Texas MD Anderson Cancer Center

Analyze-Optimize Cycles of CQI
Katherine E. Cain, Pharm.D.
Clinical Pharmacy Specialist
The University of Texas MD Anderson Cancer Center

Q&A

9:45 a.m.	**Break**

10:15 a.m.

Implementing an ER Program

Moderator: Michael A. Choti, M.D., Division Chief of Surgery
Banner MD Anderson Cancer Center

Pathway Development

Vijaya N.R. Gottumukkala, M.D.
Associate Head, Institute for Cancer Care Innovation
Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Patient and Provider Education

Desiree Phillips
Sr Health Education Specialist
The University of Texas MD Anderson Cancer Center

Prospective Collection of Data: Core Metrics, Baseline Data and Disease Specific Metrics

Mohammed A. Seif, M.D.
Research Project Manager
The University of Texas MD Anderson Cancer Center

Go Live: Tips for Success

Innocent Rukundo
Physician Assistant
The University of Texas MD Anderson Cancer Center

Overcoming Barriers, Celebrating Successes

Francine Marabell
Safety and Clinical Quality Director
Baptist MD Anderson Cancer Center

Q&A

12:30 p.m. **Lunch**

1:30 p.m. **Welcome and Introductions**

Stephen G. Swisher, M.D.
Head of the Division of Surgery
The University of Texas MD Anderson Cancer Center

1:40 p.m.

Data Mania

Moderator: Shreyas P. Bhavsar, D.O.
Associate Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Data Standardization (Dictionaries)

Nirav J. Shah, M.D.
Quality Improvement Director
Multicenter Perioperative Outcomes Group (MPOG) based at the University of Michigan

Overcoming Barriers for Data Collection

Maria D. Iniesta-Donate, M.D., Ph.D.
Clinical Program Manager, Department of Gynecologic Oncology and Reproductive Medicine
The University of Texas MD Anderson Cancer Center

Debunking Databases, Registries, and Universes

John C. Frenzel, M.D.
Director, Learning Health Systems, Institute for Cancer Care Innovation
The University of Texas MD Anderson Cancer Center

ERAS 2.0 Predictive Analytics Informing Personalized Pathways

Dionisios Vrochides, M.D., Ph.D.
Professor, Surgery
Atrium Health Levine Cancer Institute, Charlotte, North Carolina

Q&A

3:30 p.m.	**Break**

4 p.m.   Clinical Research in ERP Panel

Moderator: Thomas A. Aloia, M.D., M.H.C.M.
Head, Institute for Cancer Care Innovation
Chief Value & Quality Officer, The University of Texas MD Anderson Cancer Center

Database and Registry Focused Studies Versus RCTs

Nirav J. Shah, M.D.
Quality Improvement Director
Multicenter Perioperative Outcomes Group (MPOG) based at the University of Michigan

Juan P. Cata, M.D.
Assistant Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Multicenter Pragmatic Trials in ERP: OPTISurg Cluster RCT

George J. Chang, M.D.
Professor, Department of Surgical Oncology
The University of Texas MD Anderson Cancer Center

Multicenter Pragmatic Trials in ERP: Multicenter RCTs in Bladder ERP

Mohamed A. Seif, M.D.
Research Project Manager, Urology
The University of Texas MD Anderson Cancer Center

5 - 7 p.m.	**Welcome Reception**

Friday, Feb. 21

7 a.m.	**Breakfast**

7:45 a.m. **Welcome and Introductions**

Carin A. Hagberg, M.D.
Chief Academic Officer
Head of the Division of Anesthesiology, Critical Care & Pain Medicine
The University of Texas MD Anderson Cancer Center

8 a.m. ## It Takes a Village: Multidisciplinary Team and Patient Panels

Moderator: Luisa Gallardo
Executive Director, Quality, Safety and Research-Nursing Administration
The University of Texas MD Anderson Cancer Center

Nursing Stories: Panel

Nicholas Szewczyk
Advanced Practice Registered Nurse, Department of Stem Cell Transplantation and
Cellular Therapy
The University of Texas MD Anderson Cancer Center

Karen Nolin
Registered Nurse
Baptist MD Anderson Cancer Center

Tammy Jelen
Registered Nurse Manager Perianesthesia Services
Banner MD Anderson Cancer Center

Vickie Robinson
Registered Nurse
UT Health North Campus Tyler

Clinical Innovation: Expanding Enhanced Recovery Beyond Surgery

Moderator: Carol M. Lewis, M.D.
Associate Professor, Department of Head and Neck Surgery
The University of Texas MD Anderson Cancer Center

Medical Oncology

Marina C. George, M.D.
Vice President, Inpatient Medical Practice
The University of Texas MD Anderson Cancer Center

Emergency Medicine

Adriana H. Wechsler, M.D.
Assistant Professor, Department of Emergency Medicine
The University of Texas MD Anderson Cancer Center

Stem Cell Transplantation

Uday R. Popat, M.D.
Professor, Department of Stem Cell Transplantation and Cellular Therapy
The University of Texas MD Anderson Cancer Center

Patient Stories

Moderator: Javier D. Lasala, M.D.

Associate Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Q&A

10:30 a.m.   **Break**

11 a.m.

Controversies in ERP

Moderator: Reza J. Mehran, M.D.

Professor, Department of Thoracic and Cardiovascular Surgery
The University of Texas MD Anderson Cancer Center

Is Prehab for All?

Malcom West, M.D., Ph.D.

National Institute of Health Research Clinical Lecturer in Surgery
University of Southampton

Carbohydrate Loading and Immuno-Nutrition: What is the Rationale?

Jenny Koetting, M.S.

Clinical Program Manager, Department of Clinical Nutrition
The University of Texas MD Anderson Cancer Center

Carbohydrate Loading and Immuno-Nutrition: Clinical Experience

Mathew H.G. Katz, M.D.

Associate Professor, Department of Surgical Oncology
The University of Texas MD Anderson Cancer Center

Opioid Sparing in Chronic Pain Patients: What is the Goal? And How?

Christina Le-Short, M.D.

Fellowship Program Director, Department of Pain Medicine
The University of Texas MD Anderson Cancer Center

Is There a Role for CPET in Enhanced Recovery Programs?

Malcom West, M.D., Ph.D.

National Institute of Health Research Clinical Lecturer in Surgery
University of Southampton

Q&A

1 p.m.   **Lunch**

2 p.m.   **Welcome and Introductions**

Carol A. Porter, D.N.P., R.N., F.A.A.N.

Senior Vice President and Chief Nursing Officer
The University of Texas MD Anderson Cancer Center

2:10 p.m.

Beyond ERP: Future Efforts

Moderator: Joe B. Putnam Jr., M.D.

Thoracic Surgeon
Baptist MD Anderson Cancer Center

PROS: Integrating PROs to Routine Clinical Care

Xin Shelley Wang, M.D.
Professor, Department of Symptom Research
The University of Texas MD Anderson Cancer Center

Integrating Nursing Workflow & Documentation into EHR (IFEED/DREAMS)

Lavonia G. Thomas, M.S.N., R.N.
Executive Director for Clinical Informatics, Nursing Administration
The University of Texas MD Anderson Cancer Center

Brain Health

Vijaya N.R. Gottumukkala, M.D.
Associate Head, Institute for Cancer Care Innovation
Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Early Warning Systems/Rapid Response

Gregory H. Botz, M.D.
Professor, Department of Critical Care
The University of Texas MD Anderson Cancer Center

Q&A

| 4 p.m. | **Break** |

| 4:30 p.m. | ## Value Based Care as a Framework |

Moderator: Anaeze C. Offodile II, M.D.
Executive Director, Clinical Transformation
The University of Texas MD Anderson Cancer Center

ERP as a Model for Value Based Care

Thomas A. Aloia, M.H.C.M.
Head, Institute for Cancer Care Innovation
Chief Value & Quality Officer
The University of Texas MD Anderson Cancer Center

Planning a New Program? What Do I Need to Know as an Administrator?

Martha L. Salas, M.B.A., M.S.W.
Vice President, Inpatient Services
The University of Texas MD Anderson Cancer Center

Payer Perspective: What Value are the Payers Looking for in a Program?

Ronald S. Walters, M.D.
Associate Head, Institute for Cancer Care Innovation
Professor, Department of Breast Medical Oncology
The University of Texas MD Anderson Cancer Center

How to Engage Your C-Suite? What Do They Want to Know?

Christopher H. McKee, M.H.A.
Senior Vice President, Strategy & Business Development
The University of Texas MD Anderson Cancer Center

Q&A

Saturday, Feb. 22

7 a.m.	**Breakfast**

7:30 a.m. **Welcome and Introductions**

Thomas F. Rahlfs, M.D.
Chair, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

7:40 a.m. ## Beyond ER Pathways and Protocols

Moderator: Garry Brydges, D.N.P., M.S., R.N.
Chief Nurse Anesthetist, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

What is Recovery and How Do We Define Recovery?

Larissa A. Meyer, M.D.
Associate Professor, Department of Gynecologic Oncology and Reproductive Medicine
The University of Texas MD Anderson Cancer Center

Panels

Fluid Debate: GDFT vs. Zero Balance

Gabriel E. Mena, M.D.
Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Ching-Wei D. Tzeng, M.D.
Associate Professor, Department of Surgical Oncology
The University of Texas MD Anderson Cancer Center

Pain Management Debate: TEA is Gold Standard vs. Truncal Blocks or Wound Infiltration

Jonathan A. Wilks, M.D.
Assistant Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Craig A. Messick, M.D.
Assistant Professor, Department of Surgical Oncology
The University of Texas MD Anderson Cancer Center

Blood Transfusion Debate: Restricted vs. Rational Blood Management

David C. Rice, M.D.
Professor, Department of Thoracic and Cardiovascular Surgery
The University of Texas MD Anderson Cancer Center

January Y. Tsai, M.D.
Associate Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Q&A

10 a.m.	**Break**

10:30 a.m.   ## Should Enhanced Recovery Become Expected Recovery?

Moderator: Jose M. Soliz, M.D.
Associate Professor, Department of Anesthesiology and Perioperative MedicineThe University of Texas MD Anderson Cancer Center

Prehabilitation & Rehabilitation Should Be Part of the Cancer Care Journey

An Ngo-Huang, D.O.
Assistant Professor, Department of Palliative, Rehabilitation, and Integrative Medicine
The University of Texas MD Anderson Cancer Center

Enhanced Recovery Can Be Applied to Complex Cancer Surgery

Brian D. Badgwell, M.D.
Professor, Department of Surgical Oncology
The University of Texas MD Anderson Cancer Center

Ravish Kapoor, M.D.
Assistant Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Scaling Enhanced Recovery Programs Across Systems to Improve Patient Outcomes

Vijaya N.R. Gottumukkala, M.D.
Associate Head, Institute for Cancer Care Innovation
Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Q&A

12:30 p.m.   **Lunch**

1:30 p.m.   **Welcome and Introductions**

Vijaya N.R. Gottumukkala, M.D.
Associate Head, Institute for Cancer Care Innovation
Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

1:40 p.m.   ## What is the Missing Link in ER Programs?

Moderator: David Z. Ferson, M.D.
Professor, Department of Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Incorporating Internists, Hospitalists and Geriatricians into ERP

Sunil K. Sahai, M.D.
Professor, Department of General Internal Medicine,
The University of Texas MD Anderson Cancer Center

Can We Create an Animal Model for Enhanced Recovery After Surgery?

Juan P. Cata, M.D.
Assistant Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

Making It All Happen: Care Pathways, Care Plans, Medical Power Plans: What Is In a Name?
Jean McBride
Lean Six Sigma Master Black Belt
Memorial Hermann Health System

Making It All Happen: Project Management 101
Brittany C. Kruse, D.B.H.
Program Manager, Institute for Cancer Care Innovation
The University of Texas MD Anderson Cancer Center

Q&A

3:30 p.m.	**Vote of Thanks** Vijaya N.R. Gottumukkala, M.D. Associate Head, Institute for Cancer Care Innovation Professor, Department of Anesthesiology and Perioperative Medicine The University of Texas MD Anderson Cancer Center
3:35 p.m.	**Closing Remarks** Brittany C. Kruse, D.B.H. Program Manager, Institute for Cancer Care Innovation The University of Texas MD Anderson Cancer Center

Saturday, Feb. 22, Optional Add-On Curriculum

Requires Additional Fee

Data Workshop: Making it Happen
Moderator: Katy E. French, M.D.
Associate Professor, Department of Anesthesiology and Perioperative Medicine
The University of Texas MD Anderson Cancer Center

10:30 a.m. – 12:30 p.m.	**Morning Sessions**
1:30 – 3:30 p.m.	**Afternoon Sessions**

MD ANDERSON'S ENHANCED RECOVERY PROGRAM

MD Anderson's institution wide Enhanced Recovery Program (ERP) is a collaborative patient-centric, recovery-focused, care transformation initiative led by our multidisciplinary team members actively engaging caregivers and patients in their treatment planning and care delivery. The mission for our ERP team is "implementation of proven and emerging innovations in cancer therapies to deliver safe, effective, and value-based cancer care programs for an increasing number of patients." The program's vision is to minimize treatment-related complications by rapid-rescue interventions, reduce patients' symptom burden, and enhance patient experience and functional recovery, thereby facilitating timely return to adjuvant oncologic therapies when indicated and improving cancer outcomes.

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