



Irish Aid

Department of Foreign Affairs
An Roinn Gnóthaí Eachtracha

College of Anaesthetists of Ireland / Irish Aid Supported Development Programme in Malawi

CSF Contract Number 0770803

Project Name: Educational Assistance in the Management of Trauma-related Obstetric Emergencies in Malawi with a focus on Thyolo and Chinadzulu District Hospitals

Country: Malawi

Reporting Period: July 2009 – July 2010

Anthony J Cunningham

**IRISH EXTERNAL DIRECTOR
July 20th 2010**

1. Project Description

The project aims to support health care workers in Malawi to better respond to critically ill obstetric and trauma patients in Malawi. It does this through:

1. Capacity-building within the Department of Anaesthesia, Queen Elizabeth Medical Centre and College of Medicine, Blantyre to develop leadership in Anaesthesia in Malawi
2. Education and training support from the College of Anaesthetists in Ireland for the Anaesthetic Officer Training Programme based in Blantyre and Lilongwe.
3. Partnership and collaboration with the College of Medicine, Blantyre to launch and sustain a Masters in Medical Education (MMed) Degree programme for designated Malawi medical graduates.
4. Development of a Trauma Training Programme, based in the Welcome Trust Unit in Queen Elizabeth Medical Centre, Blantyre with monitoring, evaluation and audit to measure impact of training activity in Thyolo and Chinadzulu Hospitals

Partners:

College of Anaesthetists Ireland, working in partnership with Queen Elizabeth Medical Centre, College of Medicine Blantyre

2. Progress Year 2

2.1 Summary of achievements in year 1– July 2008-June 2009

Memorandum of Understanding

The Memorandum of Understanding between the College of Anaesthetists of Ireland and the College of Medicine Blantyre was signed by the President of the College of Anaesthetists of Ireland, Dr John McAdoo and Prof Robin Broadhead, Principal, School of Medicine, Blantyre in Blantyre on the 25th October 2008.

The Memorandum of Understanding was then endorsed by Dr George Mwale, Director of Clinical Services, Ministry of Health, at a meeting in the Ministry in Lilongwe on 26th October 2008.

The Memorandum outlines the partnership, governance arrangements, objectives of the project and the roles and responsibilities of each partner. It was devised with representatives from the College of Medicine, the department of Anaesthesia in Queen Elizabeth Medical Centre and members of the Irish College of Anaesthetists Council and staff. This is believed to have been a worthwhile and important exercise as it established clearly the programme framework and partnership expectations.

Launch of Project

The Joint College of Anaesthetists of Ireland/ Irish Aid Supported Project **Educational Assistance in the Management of Trauma-related Obstetric Emergencies in Malawi** was launched in the Boardroom, Royal College of Surgeons in Ireland on 19th November 2008 with presentations from Prof Anthony Cunningham on the project, Dr Ellen O’ Sullivan on Global Oximetry and Safe Surgery Saves Lives. It was attended by over 40 anaesthetists both trainees and Consultants, members of the College Council and invitees from the College of Surgeons in Ireland and the Royal College of Physicians in Ireland.

Three Year Education and Training Programme

The College of Anaesthetists in partnership with the College of Medicine in Blantyre aims to establish and support a project in the Queen Elizabeth Medical Centre, Blantyre and Kamuzu Central Hospital Lilongwe to develop a group of clinical officer and nurse trainers skilled in assessment, resuscitation and management of mothers and trauma victims in Thyolo and Chinadzulu Hospitals and nearby district. The project has four components:

- (a) **Capacity building within the Department of Anaesthesia, Queen Elizabeth Medical Centre and the College of Medicine Blantyre to develop leadership in anaesthesia in Malawi.**

The project established a committed Joint Faculty, co-ordinated by the College of Anaesthetists and the College of Medicine Blantyre for a period of three years..

- (b) **Joint Faculty**

<p>College of Anaesthetists:</p> <ul style="list-style-type: none"> • Dr Jeanne Moriarty • Dr Kevin Carson • Dr Ellen O’Sullivan, • Dr Valerie Donnelly • Dr Miriam Harnett • Dr Brian Kinirons • Dr Ellie O Leary • Dr William Blunnie • Dr Brian Marsh • Dr Moyna Bill • Dr David O’ Toole 	<p>College of Medicine Blantyre</p> <ul style="list-style-type: none"> • Dr Gregor Pollach • Dr Paul Downie • Mr Cyril Goddia • Dr Amaia Laranana • Dr Baumaester
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The Joint faculty of the Colleges agreed that it would be important to review the existing curriculum and assessment methods for anaesthesia training and education in Malawi. To this end a review workshop was set up in January 2009. This was followed by a Care of the Obstetric Emergency and Trauma Patient Refresher Course. Both programs are outlined below.

© **Curriculum and Assessment Workshop;** Queen Elizabeth Central Hospital, Blantyre - **Saturday 17th – Sunday 18th January 2009**

Output: A nationally based standardised Anaesthetic Officer Training Programme

Objective: To strengthen anaesthesia training in Malawi towards safer patient care

Topics covered included

- Anaesthesia Officer Training Programmes – Historical Perspectives

- Anaesthetic Officers Training – Training in Malawi – the Malawi School of Anaesthesia
- Delivery of Curriculum Content – Approaches to Instruction
- Clinical Competencies in Anaesthesia
- Continuing Professional Development and the GOAL Project
- Assessing Clinical Skills in Anaesthesia
- Performance – based Assessment in Malawi
- Self Directed Learning – Distance Learning and the Intern
- Clinical Instruction Techniques in Practice

Faculty included	Malawi Anaesthetic Clinical Officer Trainers included	Malawi Anaesthetic Clinical Officer Participants included
<ul style="list-style-type: none"> ➤ Dr. Eugene Egan (Cyprus) ➤ Dr. Paul Fenton (France) ➤ Prof. Michael James (South Africa) ➤ Dr Jeanne Moriarty (Ireland) ➤ Dr Kevin Carson (Ireland) ➤ Dr Ellen O' Sullivan (Ireland) ➤ Prof Anthony Cunningham (Ireland) 	<ul style="list-style-type: none"> ➤ John Gawanika ➤ Kenneth Kapatuka ➤ William Banda ➤ Zenus Ulaya 	<ul style="list-style-type: none"> ➤ Paul Phiri ➤ Charles Suya ➤ Willasa Bitoni ➤ Maxwell Mzumara ➤ Francis Mason

Monday 19th January 2009 – Wednesday 21st January 2009

Course: *Care of the Obstetric Emergency and Trauma Patient Refresher Course;*

Queen Elizabeth Central Hospital, Blantyre

Outcome

24 selected Anaesthetic Officers, Obstetric and Orthopaedic Registrars, ICU Nursing staff and midwives, previous course participants and those with course instructor potential selected by Mr. Cyril Goddia attended the **Refresher Course**. Also represented was staff of District Mission Hospitals.

Masters in Medicine (M.Med)

It was envisaged that through partnership and collaboration with the College of Medicine, Blantyre, the project would launch and sustain a **Masters in Medicine (M.Med.)** degree programme for four designated Malawi medical graduates to undertake 4 years postgraduate education and training in Malawi and South Africa to provide leadership for the specialty in Malawi. An interview board was established comprising Prof Michael James (South Africa) Dr Paul Downie (Malawi) Prof Eric Borgstein (Post Graduate Dean, Malawi) and Dr Eugene Egan (Cyprus) in January 2009. The following medical graduates were interviewed and selected for appointment to the M.Ed programme. Four candidates were deemed suitable. Two were prioritised for the first six months of 2009:

- Dr Sampson Mndolo – commenced training April 2009
- Dr Singatiya Stella Chikumbanje– commenced June 2009

College of Medicine Undergraduate Teaching Programme

Drs Moyna Bill (Belfast) and David O' Toole (Galway) participated as Faculty in the annual 4th year medical student 2 week Anaesthesia and Critical Care teaching programme during the weeks of the 23rd March to the 4th April 2009.

Development of a trauma and obstetric emergencies training programme based in the Queen Elizabeth Medical Centre Blantyre with monitoring, evaluation and audit to measure impact of training activity in Thyolo and Chinadzulu Hospitals.

This component of the project aims to produce **practitioners** who are competent to follow best practice in the assessment and management, including resuscitation and transfer, of maternal and trauma emergencies in a variety of settings. In addition it aims to produce **instructors** who will replicate the training programme, with modifications, for impact at health centre and village level. This would imply ongoing training of healthcare staff and traditional birth attendants by trained instructors.

In May 2009 Dr Paul Downie, Project Manager along with Dr Orlaith Mc Caul, Professor Anthony Cunningham and Dr Ellen O'Sullivan made an assessment visit to Chiradzulu and Thyolo hospitals. Both hospitals were deemed suitable venues to run training programmes. Meetings were held with the district health officers and hospital managers at each location for the purpose of identifying suitable timing for such training and suitable trainees. These have now been agreed. Meetings held at each site included the following:

Chiradzulu

Kennedy Kandaya SCO, Elizabeth Mbeta ACO, David Chirwa ACO, Rose Chayackata DNO, Emmie Mbale DHO, Rose Kanyangalazu Safemotherhood, Steven Wandafe SOCO, Prescott Kamtsitei CO,

Thyolo

Catherine Kapepeta ACO, Steady Vinkhumbo CCO, Mary Lukhere DNO, Christina Mslmthi Administrator, Beatrice Mwangomba DHO, Zondire Mwanza Intern DHO, Chanizya Mulambia Intern DHO

Project Manager Appointments

- **Dr Paul Downie, Year 1**

2.2 Achievements in Year 2

2.2.1 Capacity building within the Department of Anaesthesia, Queen Elizabeth Medical Centre and the College of Medicine Blantyre to develop leadership in anaesthesia in Malawi.

The Irish Aid commitment envisaged the establishment of a committed Joint Faculty, co-ordinated by the College of Anaesthetists and the College of Medicine Blantyre for a period of three years. The joint faculty was established in year 1 of the project. In year two 9 members of the joint faculty took part in the programme in Blantyre. Faculty members are listed in appendix 1.

2.2.2 Education and Training Programme

The first set of courses were delivered over the first two weeks of January 2010, the objectives of the course were achieved and the feedback was extremely good.

Faculty

The Faculty comprised of Dr Downie, Drs Blunnie, Dr Ecimovic, from the College of Anaesthetists of Ireland, Drs Mndolo and Singatia (Anaesthesia MMed Students), Mr Goddia, Mr Gawanika, Mr Suya, Mr Phiri, and Mr Chavura– anaesthetic clinical officers from the Malawi School of Anaesthesia. Wyness Gondwe, Kaboni Gondwe from Kamuzu College of nursing. We also invited delegates from the previous courses who were identified as instructor potential, Diverson Mkwapatira, Misozi Phoya, Clement Manda Chiphota, Feliciano Mkomaludzu, Tobias Masina, Richard Chidakwani,

Training Courses

(a) High Dependency Obstetric and Trauma (HOT) Courses

We developed a High Dependency Obstetric and Trauma Course specific for Malawi Clinical Officers using an interactive format and including knowledge refresher, skills training and clinical case management.

We ran 3 HOT courses of 3 -day duration in October 2009 (Appendix 6) and January 2010 (Appendix 7).

A total 78 delegates were trained during the October 2009 and a similar number in January 2010. These comprised 26 from Chiradzulu (a further 6 support staff participated in the major incident drill), 26 from Thyolo, and 26 from Blantyre. Fifteen of the candidates were felt to be of instructor potential by the examiners, these candidates were from nursing, doctor and clinical officer cadres.

The delegates from the Blantyre district were felt to be very strong and this was reflected in the large number of instructor potential candidates – nine. Perhaps more gratifying was the fact that no candidates failed particularly on the Thyolo course as it was felt by the local faculty that the delegates had not been exposed to international courses before. They were considered to be behind by comparison on the first day but with some intensive training they came up to the mark.

(b) College of Medicine Blantyre Undergraduate Medical Programme

The College participated for the third time in the College of Medicine's 2 week Anaesthesia and Critical Care Medicine programme for their 4 th year students.

The training programme took place from 22nd March 2010 – 1st April 2010 in which 41 participants took part. Faculty from the College of Anaesthetists included Dr Jeanne Moriarty, Dr Brian Kinirons and Dr Moyna Bill (Appendix 8) . The Course schedule is available in Appendix 9.

2.2.3 Masters in Medicine (M.Med)

It was envisaged that through partnership and collaboration with the College of Medicine, Blantyre, the project would launch and sustain a **Masters in Medicine (M.Med.)** degree programme for four designated Malawi medical graduates to undertake 4 years postgraduate education and training in Malawi and South Africa to provide leadership for the specialty in Malawi. A curriculum for the Masters in Medicine is now in place (see appendix 3) and four Doctors are enrolled on the M. Med programme.

- Dr Sampson Mndolo (2009)
- Dr Singatiya Stella Chikumbanje (2009)
- Dr Delia Mabede (2010)
- Dr Owen Melema (2010)

In September 2009 Drs Mnoldo and Chikumbanje took part in the 4th All Africa Anaesthesia Congress in Nairobi. This meeting was also attended by members of the joint faculty where detailed planning sessions took place for the 2009-2010 programme.

In July 2010 Drs Mndolo and Chikumbanje took part in a primary revision course in South Africa (programme attached in appendix 4).

2.2.4 Visiting Professor Programme 2009-2010

- **October 2009** Drs. Tom Schnittger and
Patricija Ecimovic
- **January 2010** Drs. Billy Blunnie
Dr Patricija Ecimovic
- **March/April 2010** Dr. Jeanne Moriarty
Dr Brian Kinirons
Dr Moyna Bill
- **May 2010** Prof. Anthony Cunningham
Dr Ellen O'Sullivan

2.2.5 Project Manager Appointments

- **Dr Tom Schnittger**, Consultant Anaesthetist, St James Hospital, Dublin -**Year 2**

2.2.6 Year 2 Objectives and Outcomes

Objective 1 : To enable medical workers in Malawi to respond to obstetrical, trauma and other anaesthesia related emergencies.

Results: A strengthened Department of Anaesthesia in the College of Medicine in Blantyre with six faculty by 2010

Activities:

- Establishment of a committed Faculty coordinated by the College of Anaesthetists and College of Medicine Blantyre (COMB) (complete)
- Development of a joint capacity building programme (ongoing)
- Personnel and material support to the Department of Anaesthesia, College of Medicine in Blantyre. The development of curricula and staff development plans. (complete)

Objective 2: To strengthen anaesthesia training in Malawi towards safer patient care

Results: A nationally based standardised Anaesthetic Officer Training Programme in place by 2011

Activities:

- 30 Anaesthetic Officers, 120 Midwives and 50 clinicians in obstetrics and surgery will have been trained per year. (123 clinicians were trained in year 2 of the programme)
- Faculty from the College of Anaesthetists in Ireland will work with faculty from the College of Medicine in Blantyre and academic staff of the Department of Anaesthesia, Kamuzu Central Hospital to further develop the Anaesthetic Officer Training Programme. (complete)
- Development of the detailed design of the curriculum and assessment methods (complete)
- A series of curricular design workshops with inputs from the target groups and stakeholders. (complete)

Objective 3: To develop a Cadre of Medical Educators capable of continuing to develop the education and training of anaesthetists in Malawi

Results: (a) Four candidates having completed a Masters in Medical Education by 2012 (four candidates registered on the MMed Programme)
(b) Masters in Medical Education running at the College of Medicine in Blantyre by 2012 (curriculum developed, M. Med Programme running)

Activities:

- *Four candidates selected for the Masters in Medical Education Programme (completed)*
- Faculty from the College of Anaesthetists in Ireland will work with faculty from the College of Medicine in Blantyre and academic staff of the Department of Anaesthesia, Kamuzu Central Hospital to further develop the Masters in Medical Education Curriculum (complete)
- Accreditation of the Masters in Medical Education (complete)

Objective 4: *To ensure that Medical workers in Malawi can respond to trauma and related emergencies*

Result:

- (a) A Trauma Training Programme, based in the Welcome Trust Unit in Queen Elizabeth Medical Centre, Blantyre (complete)
- (b) A monitoring, evaluation and audit system to measure impact of training activity established in Thyolo and Chinadzulu Hospitals (two audits have been undertaken one in year one and one in year 2). Statistics are available in appendix 5.
© 72 trained resuscitation providers (complete)

Activities: The College of Anaesthetists and the Queen Elizabeth Medical Centre, Blantyre Malawi will collaborate with the District Health Management team towards reducing maternal, perinatal and trauma mortality and morbidity in Thyolo and Chinadzulu Districts by a joint program of educational support for first responder trainers in assessment transport and resuscitation of emergency and trauma patients. (complete)

3 Sustainability

4 (a) MMed Programmes in Eastern and Central Africa

4TH ALL AFRICA ANAESTHESIA CONGRESS - Nairobi 12th – 16th September 2009

College of Anaesthetists Representatives

- Prof. Anthony Cunningham, Irish External Director
- Dr Ellen O’Sullivan

Strategy

College of Anaesthetists of Ireland, working in partnership with Queen Elizabeth Medical Centre, College of Medicine Blantyre.

1. M.Med in Anaesthesia Programme – to develop a uniform, structured and accreditation M.Med training programme based in Central and Eastern Africa

Countries involved:

- Zambia
- Uganda
- Kenya
- Malawi
- Tanzania
- Zimbabwe

Current Status

- No critical mass of M.Med candidates
- No central Examining Board
- No uniform curriculum
- No standard assessment
- No mutual recognition of training and qualifications

Meetings

- Prof. Michael James, Cape Town, South Africa
- Dr Arthur Rantalone, Pretoria, South Africa

Proposal

- College of Anaesthetists to facilitate the establishment of a single secretariat to promote standard entry, curriculum and assessment criteria.

Organization

- Central and Eastern African College of Anaesthetists (CEACA)

(b) College of Surgeons Central Eastern and Southern Africa (COSECSA)

11th Annual General Meeting/Scientific Congress 1st/3rd December, 2010 **Kampala ,
Uganda**

Dr. Fred Mutyaba, President of COSECSA Organiser Dr. Edward Naddumba, Deputy Secretary General COSECSA Prof. Steve Ogendo Dear Dr. Mutyaba/Dr. Ogendo/Dr. Naddumba invited the College to present an outline of its project entitled:

“Education Assistance in the Management of Trauma Related and Obstetric Emergencies in Malawi ”

during their Annual Scientific Congress in Kampala 1-3 rd December 2010.

The College of Anaesthetists of Ireland will explore the possibility of collaborating with COSECSA in on-going curriculum and syllabus development and training for non-physician surgical trainee courses in Zambia and Malawi. In addition, the College of Anaesthetists of Ireland, hopes to develop additional MMed programmes to advance education, training, standards, research and practice in anaesthetic care in central and southern Africa.

5 Lesson Learning

A mid term review of the project was carried out from 26th -30th April 2010. The review team included:

- Prof. Anthony Cunningham, Extern Director
- Dr. Orlaith McCaul, CEO/Registrar, College of Anaesthetists of Ireland
- Dr. Ellen O’Sullivan, Chairman, Education Committee, College of Anaesthetists of Ireland

AGENDA

Monday 26 th April 2010

Arrival in Blantyre p.m. via London/Johannesburg/Lilongwe

Meetings with Dr. Gregor Pollach, Chairman, Department of Anaesthesia, Queen Elizabeth Central Hospital and the College of Medicine Blantyre

Mr. Cyril Goddia, Director of Anaesthetic Officer Training Programme

Tuesday, 27th April, 2010.

a.m. Meeting in Postgraduate Dean Office – Dr Kamija Phiri, MB, MSC, PhD
Meetings – MMed trainees
Dr. Sampson Mndolo
Dr. Stella Chikumbanje

p.m. Structured Questionnaire Review / Focus Group – Clinical History presentations in Blantyre

8 High Dependency Obstetric Trauma (HOT) course participants course
January 2010.

Wednesday, 28th April, 2010

a.m. Visit Chiradzulu District Hospital

Meeting with District Medical Officer
Structured Questionnaire Review / Focus Group – Clinical History
presentations
5 participants October 2009 HOT course

p.m. Visit to Thyolo District Hospital
Structured Questionnaire Review / Focus Group – Clinical History
presentations
8 participants October 2009 HOT course

Thursday, 29th April, 2010

a.m. Travel Blantyre to Lilongwe

p.m. Meeting with Dr. Vincent O'Neill, Irish Aid Director, Malawi in Irish
Embassy
Dinner Dr. Vincent O'Neill and visiting Trinity College Dublin Public Health
Faculty

Friday, 30th April, 2010

a.m. Meeting Dr. Delia Mabedi - MMed trainee due to commence training 1st July,
2010 in the Queen Elizabeth Central Hospital, Blantyre

p.m. Meeting Dr. George Chithope-Mwale, Director of Clinical Services, Ministry
for Health Lilongwe

Project Review:

- (a) **Partnership and Collaboration with the College of Medicine, Blantyre to launch and sustain a Master in Medical Education (MMed) (degree programme) for designated Malawi medical graduates.**

Progress to date

MMed trainee no. 1 – Dr. Sampson Mndolo - 2006 College of Medicine Malawi graduate and previous District Medical Officer Kasungu District. Commenced anaesthesia training 1st April, 2009.

Interview with Dr. Mndolo included:

- Review of curriculum vitae
- Review of log book and clinical training to date
- Plans for structured modular rotations July 2010

- Review of education programme to date and plan for education activities July 2010 to June 2011.

The Faculty reported that Dr. Sampson made steady progress during his first year of training with rotations in general surgery, orthopaedics and obstetrics and gynaecology.

He presented a poster at the Fourth All African Congress of Anaesthesia meeting in Nairobi September 2009. He is due to participate in a Primary Fellowship course undertaken by Prof. James in Cape Town July 2010 and a Difficult Airway Management Workshop in Kampala October 2010.

Dr. Mndolo was successful in completing a competency assessment undertaken by Dr. Paul Downie in January 2010. It is envisaged that he will sit the Primary MMed examination in March 2011

MMed 2nd Trainee Dr. Stella Chikumbanje - 2007 graduate University of Malawi, College of Medicine.

Dr. Chikumbanja was appointed to the MMed training programme 1st July, 2009 following an internship in Kamazulu Central Hospital, Lilongwe.

Her first six months of training included ICU modular experience in Queen Elizabeth Central Hospital. She undertook subsequently three months anaesthesia rotation and was successful in a competency test in March 2010.

The Review Team undertook:

- Review of Dr. Chikumbanje's curriculum vitae
- Review of her clinical log book
- Structured programme organization July 2010 to June 2011
- Review of education programme

Follow-up Activity

Dr. Chikumbanje will enroll in the Primary Fellowship course Cape Town July 2010 and will participate in the Difficult Airway Management Workshop in Kampala, Uganda October 2010.

In addition she will participate in the Masterclass October 2010 programme. It is envisaged that she will sit the Primary MMed examination in March 2011.

She will teach in the Faculty of the Fourth Year Undergraduate programme March 2011 and the October 2010, January 2011 courses.

3rd Trainee Dr. Delia Mabedi

The Project Review Team met with Dr. Mabedi on Friday, 30th April, in Lilongwe. The interview consisted of:

- Review of curriculum vitae
- Review activities – District Medical Officer
- Review of structured education programme beginning July 2010

Limitations of Programme:

- Dr. Sampson Mndolo highlighted the limited didactic teaching since Dr. Paul Downie, Project Manager left the programme at the end of January 2010.

Interim Measures:

- Dr. Mndolo will email to Professor Cunningham a “clinical case of the week” relating to his clinical practice.
- A set of learning objectives will be developed and he and Dr. Chikumbanje will participate in this electronic tutorial format between May, June 2010 pending the arrival of Dr. Tom Schnittger.

Discussions Relating to MMed Programme

Dr. Gregor Pollach, Chairman, Department of Anaesthesia Queen Elizabeth Central Hospital/College of Medicine University of Malawi outlined the teaching and training responsibilities of Dr. Paul Downie, Project Manager and his understanding of Dr. Tom Schnittger’s plans for the clinical activities in support of the educational programme and the clinical training of the MMed trainees.

Dr. Pollach highlighted the limitations of the programme relating to consultants/specialists anaesthetists.

He highlighted the appointment of:

- Dr. Ingo Stoeckel (Germany)
- Dr. Gregory Vovohov (Russia)

Dr. Pollach indicated that **Dr. Felix Namboya** will finish anaesthesia training in South Africa in October and that his appointment in Blantyre could facilitate the MMed programme. He suggested that if the College could consider an educational support for the “*funding deficit*” relating to Dr. Namboya then the Department of Anaesthesia would have the clinical capacity to commence training Dr. Delia Mabedi on 1st July, 2010 and **Dr. Owen Malema** on the 1st October, 2010.

The College very much appreciates the generous input provided by Dr Roy Miller into the MMed Training Programme

Part 2 – Capacity Building within the Department of Anaesthesia Queen Elizabeth Central Hospital Blantyre and training activities in Thyolo and Chiradzulu District Hospital

The Project Team provided a questionnaire for course participants in the Blantyre, Chiradzulu and Thyolo courses provided under the direction of Dr. Paul Downie in October 2009 and January 2010 respectfully. This included:-

- Participant questionnaire
- Focused participant interviews in Blantyre/Chiradzulu and Thyolo.
- Case History reviews

32 participants took part in the questionnaire and focus group discussions: In summary the results were as follows:

Average results for satisfaction with:

Presentation 4.1/5

Content 4.4/5

Relevance 5/5

Teaching 4.2/5

Applicability 4.1/5

Improvements in Practice in the following areas reported:

- (1) Airways Management**
- (2) Sepsis Management**
- (3) Neonatal Resuscitation**
- (4) Trauma Management**
- (5) Emergency Management**
- (6) Obstetric Emergencies**
- (7) Neonates**
- (8) Eclampsia Management**
- (9) Placenta Removal**
- (10) Haemorrhages**
- (11) Stabilising PPH**
- (12) Dealing with Road Traffic Accidents**
- (13) Spinal stabilisation**
- (14) Resuscitation**
- (15) Mass casualty**
- (16) Organisational prioritization**
- (17) Team work**

All participants recorded improvements in their work practice both in obstetrics and trauma. These improvements were presented by way of case studies in the case of each participant.

6 Risk Analysis

There are no new risks identified beyond those originally stated in the logical framework of the CSF application.

Development support College of Medicine	€3,000.00	€0.00	€3,000.00	€3,000.00
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Resources Expended €

Development support Department of Anaesthesia	€3,000.00	€0.00	€3,000.00	€3,000.00
Salary supplement Anaesthesia MMed Candidates	€24,000.00	€0.00	€24,000.00	€12,000.00
Staff Costs Project Manager	€50,000.00	€0.00	€50,000.00	€0.00
Programme quality costs	€5,000.00	€0.00	€5,000.00	€5,000.00
Research & Documentation	€1,000.00	€0.00	€1,000.00	€1,000.00
Monitoring & Evaluation	€8,000.00	€0.00	€8,000.00	€3,063.43
Administration	€12,000.00	€0.00	€12,000.00	€12,000.00
Totals:	€146,215.00	€58,925.00	€205,140.00	€132,674.91

	Prior year	Expenditure	Total	Expenditure	Total	Variance	%
	Total Exp	(insert year)	Expenditure	charged to	Budget		Variation
Budget Item/Area (as approved by Irish Aid)				Irish Aid			
In Country Transport	0	2009/2010	4,000.00	4,000.00	4,000.00	0.00	0
Running Costs	0	2009/2010	3,000.00	3,000.00	3,000.00	0.00	0
Establishment Costs	0	2009/2010	1,200.00	1200.00	1,200.00	0.00	0
Equipment	0	2009	2,500.00	2500.00	2,500.00	0.00	0
International Faculty Travel	0	2009/2010	20,000.00	8,000.00	20,000.00	0.00	0
Faculty Fees	0	2009/2010	20,000.00	0.00	20,000.00	0.00	0
Faculty Accommodation & Subsistence	0	2009/2010	6,440.00	6,440.00	6,440.00	0.00	0
Course Participants Travel	0	2009/2010	6,000.00	6,000.00	6,000.00	0.00	0
Course Participants Allowance	0	2009/2010	2,000.00	2,000.00	2,000.00	0.00	0
Local Faculty Travel	0	2009/2010	2,000.00	2,000.00	2,000.00	0.00	0
Visiting Professor Travel	0	2009/2010	10,000.00	4,000.00	10,000.00	0.00	0
Visiting Professor Accom. & Subsistence	0	2009/2010	2,000.00	2,000.00	2,000.00	0.00	0
Visiting Prof Fees	0	2010	20,000.00	0.00	20,000.00	0.00	0
Dev. Support College of Medicine	0	2010	3,000.00	3,000.00	3,000.00	0.00	0
Dev Support Department of Anaesthesia	0	2010	3,000.00	3,000.00	3,000.00	0.00	0
Salary supplement anaesthesia MMed	0	2010	12,000.00	24,000.00	24,000.00	12,000.00	75 ¹
Staff Costs Project Manager	0	2009/2010	50,000.00	20,000.00	50,000.00	0	0
Organization Development	0	2010	5,000.00	5,000.00	5,000.00	0.00	0
Research	0	2010	1,000.00	1,000.00	1,000.00		0
Monitoring & Evaluation	0	2010	8,000.00	8,000.00	8000.00	0	
Administrating College of Anaesthetists	0	2010	12,000.00	12,000.00	12,000.00	0.00	0
	0						
TOTAL	0		193,140.00	117,140.00	205,140.00	12,000.00	

Year 1

1

It was anticipated that in year 1, four M Med students would be recruited. At interview four were deemed suitable however the department wished to take them on in a staggered matter so as not to affect service. Candidate 1 started in April 09, candidate 2 in July 09. Two additional candidates will join the course before the end of the year.

2 Dr Paul Downie, Consultant Anaesthetist was appointed to the Project Manager Post. He agreed to an annual salary of €35,000.00.

Yes ↑ No ↑

IF YES, PLEASE GIVE DETAILS:

D. DID ANY ASPECT OF THE COURSE IMPROVE PATIENT OUTCOME?

Yes ↑ No ↑

IF YES, PLEASE GIVE DETAILS:

AGENDA

Monday 26th April 2010

Arrival in Blantyre p.m. via London/Johannesburg/Lilongwe

Meetings with Dr. Gregor Pollach, Chairman, Department of Anaesthesia, Queen Elizabeth Central Hospital and the College of Medicine Blantyre
Mr. Cyril Goddia, Director of Anaesthetic Officer Training Programme

Tuesday, 27th April, 2010.

a.m. Meeting in Postgraduate Dean Office – Dr Kamija Phiri, MB, MSC, PhD
Meetings – MMed trainees
Dr. Sampson Mndolo
Dr. Stella Chikumbanje

p.m. Structured Questionnaire Review / Focus Group – Clinical History presentations in Blantyre
8 High Dependency Obstetric Trauma (HOT) course participants course January 2010.

Wednesday, 28th April, 2010

a.m. Visit Chiradzulu District Hospital

Meeting with District Medical Officer
Structured Questionnaire Review / Focus Group – Clinical History presentations
5 participants October 2009 HOT course

p.m. Visit to Thyolo District Hospital
Structured Questionnaire Review / Focus Group – Clinical History presentations
8 participants October 2009 HOT course

Thursday, 29th April, 2010

a.m. Travel Blantyre to Lilongwe

p.m. Meeting with Dr. Vincent O'Neill, Irish Aid Director, Malawi in Irish Embassy
Dinner Dr. Vincent O'Neill and visiting Trinity College Dublin Public Health Faculty

Friday, 30th April, 2010

a.m. Meeting Dr. Delia Mabedi - MMed trainee due to commence training 1st July, 2010 in the Queen Elizabeth Central Hospital, Blantyre

p.m. Meeting Dr. George Chithope-Mwale, Director of Clinical Services, Ministry for Health Lilongwe

Appendix 3

Professor Cunningham
External Examiner

College
Dublin

of

Anaesthetists

Tuesday, 16 February 2010

Dear Anthony,

RE: HOT Courses 4th -15th January 2010

I am glad to inform you that the courses were delivered over the first two weeks of January and all our objectives were achieved and feedback was extremely good.

The faculty comprised of Dr Downie, Drs Blunnie, Dr Ecimovic, from the College of Anaesthetists of Ireland, Drs Mndolo and Singatia (Anaesthesia MMed Students), Mr Goddia, Mr Gawanika, Mr Suya, Mr Phiri, and Mr Chavura— anaesthetic clinical officers from the Malawi School of Anaesthesia. Wyness Gondwe, Kaboni Gondwe from Kamuzu College of nursing. We also invited delegates from the previous courses who were identified as instructor potential, Diverson Mkwapatira, Misozi Phoya, Clement Manda Chipota, Feliciano Mkomaludzu, Tobias Masina, Richard Chidakwani,

We repeated the major incident drill this time at Chiradzulu and we also commissioned their new HDU by using it as part of the major incident drill.

We ran the 3 day course three times at the College of Medicine. In total 78 delegates were trained. 26 from Chiradzulu (a further 6 support staff participated in the major incident drill), 26 from Thyolo, and 26 from Blantyre.

Fifteen of the candidates were felt to be of instructor potential by the examiners, these candidates were from nursing, doctor and clinical officer cadres. The delegates from the Blantyre district were felt to be very strong and this was reflected in the large number of instructor potential candidates – nine. Perhaps more gratifying was the fact that no candidates failed particularly on the Thyolo course as it was felt by the local faculty that the delegates had not been exposed to international courses before. They were obviously way behind on the first day but with some intensive training they came up to the mark.

The next course will be 22nd March to 1st April 2010. This will be an Introduction to Anaesthesia course for the undergraduate medical students.

I hope this fits with your over arching strategy on maternal and reproductive health.

Best wishes,



Paul Downie
Project Manger

HOT

2010

BLANTYRE DELEGATES

Date.....

Appendix 4

DELEGATE	GROUP	NAME	CADRE	CELL	MCQ	MOULAGE
*1	A	Stanley Daudi	ACO		46	19
2	A		CO			
3*	A	Alinafe Nyambi	CO		43	17
4	A	Grace Kamenya	MA		38	16
5	A	Prisca Chipao	NM		40	16
6	A	Ruth Macheke	NMT		33	16
7	A		Nurse			
8*	B	Bernard Thondoya	ACO		42	17
9	B	Caster Bondo	CO		36	17
10*	B	Eddie Manda	MA		40	18
11	B	Ezelia Munyenyembe	MA		36	18
12*	B	Vera Betha Nyirenda	NM		44	18
13	B	Sainab Banda	NMT		37	18
14	B	Chrissy Pindani	Nurse		44	14
15	C	Lockie Chanyuka	ACO		33	14
16	C	Medson Boti	CO		40	14
17	C	Catherine Chibwana	MA		33	14
18	C	Suzgo Saka	NM		38	18
19	C	Louis Jailosi	NMT		33	18
20	C	Stevelia Maulana	Nurse		35	15
21	C	Ronald Nachipo Mlera	RN		43	15
22*	C	Fanny Nhlane	RNM		43	18
23	D		ACO			
24	D	Yusuf Bhamu	CO		39	18
25	D	Agnes Phokeya	MA		38	17
26*	D	Olive Kadawati	NM		43	17
27*	D	Chikondi Macheso	NMT		43	19
28	D	Rhobina Shema	Nurse		38	19
29*	D	Wezzie Mwafulirwa	RNM		41	19

Date.....

DELEGATE NUMBER	GROUP	NAME	CADRE	Sex	CELL NO	MCQ	MOULAGE
1	A	Felix Mbalale	CO	M		39	16
2	A	Zindawa Chipofya	MA	F		37	16
3*	A	Ausborne Kasengere	MA	M		40	17
4*	A	Syndie Kalya	Nurse	F		42	17
5	A	Mtisunge Banda	Nurse	F		39	17
6	A	Flossie	Nurse	F		37	17
7	A	Steven Wandale	OCO	M		33	18
8	B	Winnie Joloza	MA	F		36	18
9**	B	Racheal Kanjere	CO	F		46	17
10	B	Chikondi Kaminga	MA	M		39	17
11	B	Haxon Jere	Nurse	M		41	15
12	B	Guta Epulo	Nurse	M		36	15
13	B	Justice Mapondo	Nurse	M		32	15
15	C	Anthony Chipanda	CO	M		38	13
16	C	Masautso Makiyoni	MA	M		39	13
17	C	Joyce Chimtengo	Nurse	F		39	18
18	C	Ellina Kaliwa	Nurse	F		39	18
19*	C	Fanny Chewale	Nurse	F		40	17
20	C	Mercy Nandolo	Nurse	F		32	17
21	D	Peter Mihowa	CO	M		40	14
22	D	McDonald Kunjirima	MA	M		41	14
23	D	Thoko Upindi Kulale	Nurse	F		39	14
24	D	Esther Kamanga	Nurse	F		34	14
25	D	Samuel Fombe	nurse	M		38	16
26	D	Ellen Musa	Nurse	F		37	16

Date 5th Jan 2010

DELE GATE NUM BER	GRO UP	NAME	CADRE	Sex	CELL NO	MCQ	MOU LAGE
1	A	Mickson Kambalanje	clinical officer	male		43	15
2	A	Aisha Selemani	medical assistant	femal e		33	14
3	A	Ruth Makhambera	nurse midwife	femal e		34	15
4	A	Joyce Milandu	nurse midwife	femal e		36	14
5	A	Kumbukani Masonga	medical assistant	male		37	17
6	A	Wales Mvona	clinical officer	male		41	13
7*	A	Omega Saizi	nurse midwife	femal e		41	17
8	B	Anne Zimpita	nurse midwife	femal e		42	13
9	B	Andrew Chamdula	clinical officer	male		38	20
10	B	Brown Chiwandira	medical assistant	male		35	15
11	B	Getrude Siyani	nurse midwife	femal e		36	20
13	B	Elizabeth Mwangala	nurse midwife	femal e		34	15
14	B	Innocent Thadzi	medical assistant	male		37	13
16	C	Delia Kenala	nurse midwife	femal e		33	13
17	C	Victor Ngwalangwa	clinical officer	male		41	14
18*	C	Debra Chita	clinical officer	femal e		44	17
19	C	Lembani Undi	nurse midwife	male		35	16
20	C	Evelyn Pasulani	nurse midwife	femal e		38	16
21	C	Rosalia Dambe	nurse midwife	femal		41	14

				e			
22*	D	Mtabeni Jemu	medical doctor	male		44	20
23	D	Kelvin Jobo	clinical officer	male		35	16
24	D	Memory Mbotwa	nurse midwife	femal e		35	14
25	D	Jane Mkulichi	nurse midwife	femal e		31	14
26	D	Loveness Mackie	nurse midwife	femal e		34	19
27	D	Justice Mtayisi	clinical officer	male		38	19



Irish Aid

Department of Foreign Affairs
An Roinn Gnóthaí Eachtracha

Appendix 5

1. Audit data – Thyolo Hospital 2006-2008 (enclosed)

	2008		2007		2006	
	District TOTAL	Hospital	District TOTAL	Hospital	District TOTAL	Hospital
Deliveries by trained staff		4417		3154		2502
C Section		509		446		357
Live Births		4233		2998		2340
Maternal Deaths (dir&indir)		20		14		15
Neonatal Death		129		123		88
Fresh Still Birth		64		89		71

2. Audit data – Chiradzulu Hospital – 2006-2008 (enclosed)

	2008		2007		2006	
	District TOTAL	Hospital	District TOTAL	Hospital	District TOTAL	Hospital
Deliveries by trained staff	8,906	2369	8338	2333	6491	2034
Obst Comp at OCF	894	582	830	466	695	349
C Section	835	508	683	2365	458	295
Live Births	8767	2360	8,167	2206	6640	1928
Maternal Deaths	9	8	15	13	24	21
Newborn Complications	142	51	150	105	87	45
Traffic accidents	580		554		536	
Traffic inp Death	7	1	0	2	3	2

Appendix 6

2009-2010 Training Programmes

Visiting Professors – October 2009:

- Dr Tom Schnittger
- Dr Patricija Ecimovic

October 2009 Programme

- **Chinadzulu –14-16 October 2009.** 3 -day obstetrics course – 26 trainees – 13 Health Centres / 13 anaesthetic clinical officers (ACOs) , midwives and nurses
- **Thyolo 18-20 October 2009** - 3-day trauma course – major incident triage – 16 Health Centres / 16 District Medical Officers, ACO's and nurses
- **Blantyre 21-23 October 2009** – 3 -day HDU course/ simulation/ Problem-based Learning - - Maternal and Trauma Care – Advanced Life Support and Obstetrics (ALSO) – 24 ACO's, ICU nurses and midwives

Appendix 7

Visiting Professors – January 2010:

- Dr William Blunnie
- Dr Kevin Carson

January 2010 Programme

- **Chinadzulu** – 3 -day obstetrics course – 26 trainees – 13 Health Centres / 13 anaesthetic clinical officers (ACOs) , midwives and nurses
- **Thyolo** - 3-day trauma course – major incident triage – 16 Health Centres / 16 District Medical Officers, ACO's and nurses
- **Blantyre** – 3 -day HDU course/ simulation/ Problem-based Learning - - Maternal and Trauma Care – Advanced Life Support and Obstetrics (ALSO) – 24

Appendix 8

Visiting Professors – March – April 2010:

- Dr Jeanne Moriarty
- Dr Brian Kinirons
- Dr Moyna Bill

Preparation for 4th year teaching - Undergraduate Medical School programme
March 2010

2. Programme Managers

Dr Paul Downie July 2009/ June 2010
Dr Tom Schnittger July 2010/ June 2011

Anthony J Cunningham
IRISH EXTERNAL DIRECTOR

Appendix 9

Monday 26 th		Tuesday 27 th	Wednesday 28 th	Thursday 29 th	Friday 30 th
	08:00 – 08:45	Principles of pharmacology <i>Dr Ivan Joubert</i>	Serotonergic receptors <i>Dr Rose Mulder</i>	Local anaesthetic agents <i>Dr Natasha Dulin</i>	Statistics <i>Prof Mike James</i> <i>Dr Sylvia He</i>
	08:45 – 09:30	Volatile pharmacology <i>Dr Jorge Cardoso</i>	Phospho-diesterase inhibitors <i>Dr Revyl Haylett</i>	Pharmacogenetics <i>Dr Dominique van Dyk</i>	Statistics <i>Prof Mike James</i> <i>Dr Sylvia He</i>
	09:30 – 10:15	Reflexes <i>Dr Jenna piercy</i>	GIT drugs <i>Dr Owen Porrill</i>	Respiratory physiology <i>Dr Richard von Rahden</i>	Elementary mathematics <i>Dr Sylvia He</i>
REGISTRATION					
10:15 - Welcome Coagulation physiology <i>Prof Mike James</i>	10:15 – 11:00	TEA & TRADE			
Physics of temperature monitoring <i>Dr Ivan Joubert</i>	11:00 – 11:45	Transducers and damping <i>Dr Cornel van West</i>	Maternal physiology <i>Prof Rob Dyer</i>	Exercise physiology <i>Dr Ricky Raine</i>	Display of potentials <i>Dr Dirk van</i>
TEA	11:45 – 12:30	Defibrillators and pacemakers <i>Dr Martin Nejthardt</i>	Oxytocic drugs <i>Prof Rob Dyer</i>	Cardiovascular physiology <i>Dr Richard von Rahden</i>	Physiology of conduction and contraction <i>Dr Rebecca</i>
ANS physiology <i>Dr Ant Reed</i>	12:30 – 13:30	LUNCH			
ANS pharmacology <i>Dr Gareth Davies</i>	13:30 – 14:15	Pain physiology <i>Prof Jenny Thomas</i>	Low-flow anaesthesia <i>Dr Graeme Wilson</i>	HIV drugs <i>Dr Jenna Piercy</i>	Inflammatory <i>Dr Debbie R</i>
Mechanisms of action of anaesthetics <i>Dr Ant reed</i>	14:15 – 15:00	Chronic pain pharmacology <i>Dr Janieke van Nugteren</i>	Filters and breathing systems <i>Dr Rob Nieuwveld</i>	Electricity <i>Dr Ivan Joubert</i>	Physiology of circulation <i>Dr Malcolm</i>
COCKTAIL PARTY	15:00 – 15:45	Opioids <i>Dr Richard von Rahden</i>	The anaesthesia machine <i>Prof Pete Gordon</i>	Principles of doppler and ultrasound <i>Dr Kotie Bester</i>	Catecholam <i>Dr Richard v</i> 15 :45 - Clos

